

# GMA HOME RULES

## Little Lions 3yr-6yr:

- 1) *Respect your parents, teachers and elders.*
- 2) *Be kind to your brothers and sisters.*
- 3) *Keep your body, teeth and hair clean daily.*
- 4) *Keep your house neat and clean.*
- 5) *Do not interrupt adult conversation.*

## Juniors 7yr to 12yr:

- 1) *Respect your parents, teachers and elders.*
- 2) *Be kind to your brothers and sisters.*
- 3) *Keep your body, teeth and hair clean daily.*
- 4) *Keep your house neat and clean.*
- 5) *Do not interrupt adult conversation.*
- 6) *Study and work to maintain top grades.*
- 7) *Keep your room clean and organized.*
- 8) *Be polite to everyone you meet.*
- 9) *Be aware of your environment.*
- 10) *Say no to drugs, alcohol and smoking.*

## Teens & Adults: (Plus Juniors)

- 1) *Treat people with respect, including children.*
- 2) *Be patient with your family.*
- 3) *Judge yourself, not others.*
- 4) *Be kind to others (Do Not gossip.).*
- 5) *Be kind to your loved ones.*
- 6) *Be honest and loyal.*
- 7) *Remember and stick to your commitments.*
- 8) *Treat everyone like you would want to be treated.*
- 9) *Respect you Grandmasters, Masters & Teachers.*
- 10) *Refer all you meet to practice at GMA.*

## Belt Testing Requirements:

- 1) *Earn a minimum of 5 belt tips and meet all requirements.*
- 2) *You must also have the Class Credits to test. (16 to 36)*
- 2) *Submit your most recent report card. ( 6-17yr )*
- 3) *A parent note that your doing well at home. ( 3-17yr )*

## Required Grade Point Average:

- *White to Green Belts 2.0 GPA or above*
- *Purple to Brown Belts need a 2.5GPA or above to test.*
- *Red to Black Belt are required to have a 3.0GPA or Higher*

# GMA MAIN STUDENT OATH

(TaeKwon-Do, HapKi-Do, Jiu-Jitsu, Gum-Do & Karate)



- **Be Honest Always Stand For Justice**
- **Respect and Help Each Other.**
- **Be Loyal and Courteous.**
- **Assist in the promotion of GMA.**

(Yes, I Can)



# GMA MARTIAL ART TENANTS

(The Spirit of the Samurang/ Samurai)

- I shall always be loyal to my country.
- I shall always be faithful to my teachers.
- I shall always be faithful to friends. (Chose friends wisely)
- I shall sacrifice to fulfill my duty to my country and family.
- I shall always cooperate with students and black belts.
- I shall hold together with cooperation and concord.
- I shall always be respectful to my elders.
- I shall protect the rights of the weak with courtesy and modesty.
- I shall learn the truth through practice of duty, loyalty and dedication.
- I shall honor friendship and maintain harmony and faith toward all mankind.
- I shall face combat only in justice and with honor.
- I shall learn to distinguish between good and bad with fairness and righteousness.
- I shall never retreat in battle.
- I shall sacrifice for justice with capability and bravery.
- I shall never cause unnecessary harm to others.
- I shall only use what I have learned for self defense.
- I shall always finish what I start.
- I shall move to action with sureness and with hope.
- I shall work towards world unity and peace.



# GMA STUDENT RULES & ETIQUETTE

- All students must have Union approved equipment and uniforms to attend classes or belt testings. (You will not be permitted in class without approved gear)
- GMA approved Sparring Gear is required for sparring class & can be ordered at GMA (Headgear, Chest Gear, Mouth Piece, Groin Cup, Shin & Arm Pads)
- If you are not a student, you are not permitted in the Dojang/Dojo. The classroom is for students only.
- Students should bow when entering the classroom and show proper respect to all Grandmasters, Masters, Instructors, Senior Belts and Classmates.
- If class has started please knock, kneel and raise your right hand and ask for permission to enter. (Safety Reasons)
- Whenever you step out of training area and re-enter, you need to kneel on your left knee and asking for permission and then bow. (Safety Reasons)
- When you enter or leave the building you must bow and say "Yes, I Can."
- No running across the Dojang/ Dojo (Class Room). Always walk behind the class when entering late (Safety reasons).
- If a student is late for class, additional warm-up exercises will be assigned (push ups and stretching).
- No shoes or socks allowed in classroom. ( When in the building, students must be fully dressed at all times.)
- Please do not block the classroom doors. No horse playing or touching equipment. (safety reasons)
- When you enter check-in at the computer bow when you enter class and line up. (You may use the stretch machines prior to class if you ask your instructor)



## TESTING INFORMATION & PROCEDURES:

- All training camp, tournament and testing applications should be returned 8-10 Days before the event.
- You must have your Master's permission to test or compete. If you fail your test, you will have to re-test or wait till next testing- no-added fees required.
- Always print neatly on your Testing, Camp or Tournament applications. This will assist in preventing any spelling errors.
- Students must meet the required practice time to test. ( White to Green 16-24 Classes) (Purple to Brown 20-36 Classes) (Red to Deputy 36 Classes) (Black Belt 150)
- Student who register for belt testing before the application due date are eligible to late test or test at a different GMAATC Testing Location.
- Only Beginner Level Students, White Belts, Yellow Belts and Green Belts will be eligible to register late "after regular testing deadline" for late belt testing.
- Students who are above Purple Belt and who miss testing day without calling with good reason, will have to wait to test at next testing or pay to private test.
- Students and parents should support their academy and fellow students by attending the belt ceremony and martial arts demonstration.
- GMA is a family center, all Students and Parents are required to refer new students; this helps the tuition fees stay reasonable.
- Tuition is due on the 1st. After the 8th, there will be a late fee added. (Tuition must be current to belt test.)
- Tuition dues do not include testing, camp or tournament fees. There is an extra fee to cover testing materials, staff and the extra class time.